



Summer Holiday Activities

Multiple Sites



ADVENTURE
Days

Across Suffolk
Throughout Summer Holidays
For children aged 8-12

FREE

Archery
Geocaching
Birdbox Building
Fire Lighting
Shelter Building
Bottle Rockets
Team Games
AND MANY MORE !

Brandon Bury St Edmunds Haverhill Eye Newmarket
Mildenhall Hadleigh Stowmarket Sudbury Woolpit

Input your HAF code when booking
www.acleisure.com/exploreoutdoor

*free places available for children who are eligible for free school meals or meet eligibility criteria

TEEN CHALLENGE Day

For young people aged 11 -16

25 July – 23 August

Depending on location

Example activities such as

Snorkelling

Climbing

Mountain biking

Cooking lesson

Cinema visit

Hot lunch and snacks included



For more info
www.acleisure.com/HAF



Department
for Education

Suffolk
County Council

West Suffolk
Council

Wymondley
Leisure

Wymondley
Leisure

Abbeycroft Leisure

FREE
places available for children who
are eligible for free school
meals or meet eligibility criteria

EXPLORE OUTDOOR

LUNCH & SWIM

FREE

Throughout the Summer Holidays

Be active & eat well during the holidays with a free lunch & swim for those eligible for free school meals.

*Limited places



Find out more

Available in various locations

*free places available for children who are eligible for free school meals or meet eligibility criteria



Suffolk
County Council



Department
for Education



West Suffolk
Council



Abbeycroft Leisure
Leisure & Active Living



ADVENTURE

Days

Across suffolk
Throughout Summer Holidays

For children aged 8-12

FREE

For those eligible for free
school meals or meet eligibility
criteria



Days with additional SEND support
listed below:

25-28 July, 22-25 Aug - BURY ST. EDMUNDS

1 -2 Aug, 17-18 Aug - HAVERHILL

8-9 Aug - NEWMARKET

15-16 Aug - BRANDON

3-4 Aug - MILDENHALL

10-11 Aug, 25 Aug - STOWMARKET

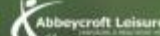
Archery
Geocaching
Birdbox Building
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Bottle Rockets
Team Games

AND MANY MORE !

Input your HAF code when booking
www.acleisure.com/exploreoutdoor



*free places available for children who are eligible for free school meals or meet eligibility criteria





FAMILY *park* COOKING

25 July - 25 August

Depending on location

An outdoor activity day for the whole family to enjoy!

Activities include:

OUTDOOR COOKING MASTER CLASS

WOODLAND ACTIVITIES

FIRE LIGHTING

FREE

places available for children who are eligible for free school meals or meet eligibility criteria

Every family receives a 5 day ingredients box to take home

Brandon Bury St Edmunds Haverhill Eye Newmarket
Mildenhall Hadleigh Stowmarket Sudbury Woolpit




To book email: HAF@acleisure.com

Find out more & book at www.acleisure.com/HAF



Department
for Education

 **Suffolk**
County Council

 **West Suffolk**
Council

 **Haverhill**
Council

 **Eye**
Council

 **Newmarket**
Council

 **Mildenhall**
Council

 **Sudbury**
Council

 **Woolpit**
Council

 **Abbeycroft Leisure**
Part of the leisure trust

ADVENTURE Days

For children aged 8-12

An action-packed day outdoor with full of fun activities.

FAMILY *Park* COOKING

Join us for outdoor activities & a cooking master class,
plus get a free 5 day ingredients box to take away!

TEEN CHALLENGE

Action packed day with lots of challenging and fun
activities. Includes snorkelling, mountain biking,
climbing, outdoor cooking & more! For 11-16 year olds.

FREE

places available for children who
are eligible for free school
meals or meet eligibility criteria

SWIM & LUNCH

Be active & eat well & get lunch for FREE



Find out more

Suffolk
County Council

West Suffolk
Council



Department
for Education



Abbeycroft Leisure
Suffolk & Ipswich

Sudbury & Great Cornard



FAMILY FUN DAY

Belle Vue Park
Friday 19 August, 10am-2pm
Bring a picnic!

FREE

- FACE PAINTING
- CLIMBING WALL
- ARCHERY
- ICE-CREAM KIOSK
- BREAD MAKING
- WOOD COOKIE MEDALLION MAKING
- COFFEE WORKSHOPS
- ANTI-THEFT MARKING FOR BIKES/SKATEBOARDS
- LOCAL CAFE



IS YOUR CHILD ELIGIBLE FOR FREE SCHOOL MEALS?
Email: hana.richardson@babergemidsuffolk.gov.uk for a free family or children's picnic!
Enter your HAF code when booking - Visit [@exploreoutdoorsuff](#) on Facebook & Instagram



**IPSWICH TOWN
FOUNDATION**



HAF FUNDED SUMMER SCHEDULE

FOOTBALL MULTI SPORTS AGES 6-12 10 AM - 3 PM LUNCH PROVIDED

**ELIGIBLE FAMILIES WILL RECEIVE AN
E-VOUCHER FROM THEIR SCHOOL.
PLEASE USE THE CODE WHEN BOOKING.**

[CLICK HERE TO BOOK THE CORNARD SOCCER SCHOOL](#)

[CLICK HERE TO BOOK THE PORTMAN ROAD SOCCER SCHOOL](#)

[CLICK HERE TO BOOK THE PORTMAN ROAD MULTI SPORTS](#)

WWW.ITFCFOUNDATION.CO.UK

FOR MORE INFORMATION, CONTACT LEANNE.SMITH@ITFC.CO.UK



**IPSWICH TOWN
FOUNDATION**



HAF FUNDED SUMMER SCHEDULE

PORTMAN ROAD FOOTBALL

**FRIDAY 29TH JULY
MONDAY 1ST AUGUST
THURSDAY 4TH AUGUST
WEDNESDAY 24TH AUGUST
TUESDAY 30TH AUGUST
WEDNESDAY 31ST AUGUST**

PORTMAN ROAD MULTI SPORTS

**WEDNESDAY 27TH JULY
THURSDAY 25TH AUGUST**

CORNARD FOOTBALL

**MONDAY 1ST AUGUST
TUESDAY 2ND AUGUST
THURSDAY 18TH AUGUST
FRIDAY 19TH AUGUST**

WWW.ITFCFOUNDATION.CO.UK

FOR MORE INFORMATION, CONTACT LEANNE.SMITH@ITFC.CO.UK

FILM-MAKING WORKSHOP

Learn to make movie trailers, music
videos, stop motion animations and
so much more!

8th-11th August

The Hive, Sudbury United Reform Church

Age 9+, £30 per day, or free for children on Free
School Meals, everyone gets a free lunch!

To sign up, email us at theoffshootfoundation@gmail.com



Department
for Education



FILM-MAKING WORKSHOP

Learn to make movie trailers, music
videos, stop motion animations and
so much more!

22nd-25th August

The Hive, Sudbury United Reform Church

Age 9+, £30 per day, or free for children on Free
School Meals, everyone gets a free lunch!

To sign up, email us at theoffshootfoundation@gmail.com



Department
for Education

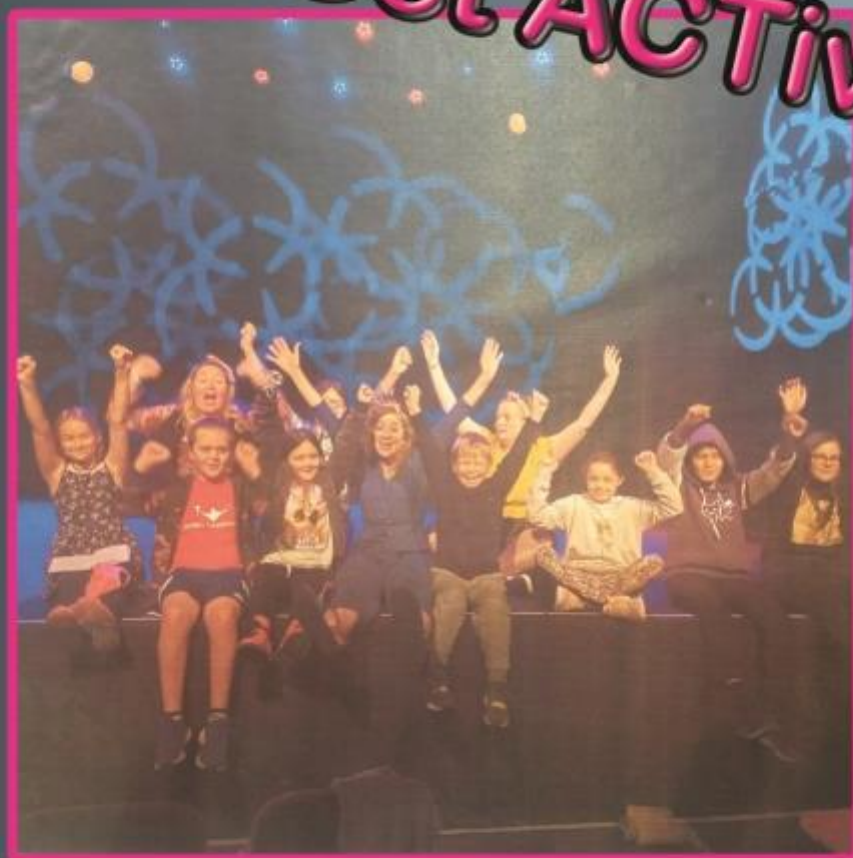




www.quaysudbury.com



Let's Get ACTIVE!



A creative Summer Holiday club for children within the 8-12 age group who are on the FREE SCHOOL MEALS SCHEME.

Book for one, two or three weeks!

The Scout Hall, Quay Lane, Sudbury CO10 2AN Tel: 01787 374745




FUNDED HOLIDAY CAMP DAYS

In Great Cornard

*For Children in receipt of benefit related free school meals

DATE	CAMP	AGED
MONDAY 25TH JULY	NERF CAMP	6-11YRS
WEDNESDAY 27TH JULY	FOOTBALL & DANCE	4-11YRS
THURSDAY 28TH JULY	FOOTBALL & DANCE	4-11YRS
WEDNESDAY 3RD AUGUST	FOOTBALL & DANCE	4-11YRS
THURSDAY 4TH AUGUST	FOOTBALL & DANCE	4-11YRS
MONDAY 8TH AUGUST	FOOTBALL	5-11YRS
TUESDAY 9TH AUGUST	FOOTBALL	5-11YRS
WEDNESDAY 10TH AUGUST	NERF & JAZZ WORKSHOP	6-11YRS
THURSDAY 11TH AUGUST	MULTI-SPORTS	5-11YRS
MONDAY 15TH AUGUST	WILDCATS GIRLS FOOTBALL	5-11YRS
TUESDAY 16TH AUGUST	FOOTBALL & DANCE	4-11YRS
WEDNESDAY 17TH AUGUST	FOOTBALL & DANCE	4-11YRS

Contact Maxim to book your places
07973885971 / Info@maximsportscoaching.co.uk

Stowmarket & Stowupland

FAMILY FUN DAY

Stowmarket Recreation Ground
Friday 5 August, 10am-2pm
Bring a picnic!

- FACE PAINTING
- CLIMBING WALL
- ARCHERY
- ICE-CREAM KIOSK
- BREAD MAKING
- WOOD COOKIE
- MEDALLION MAKING
- COFFEE WORKSHOPS
- ANTI-THEFT MARKING FOR BIKES/SKATEBOARDS
- LOCAL CAFE

FREE

TRY SOME FUN STREET ART AND PAINTING WITH A PROFESSIONAL LOCAL ARTIST

IS YOUR CHILD ELIGIBLE FOR FREE SCHOOL MEALS?
 Email Rachel.cattermole@psberghms.suffolk.gov.uk for a free family or children's picnic!
 Enter your HAF code when booking - Visit @exploresuffolddoctract on Facebook & Instagram

Summer Holidays



Football Fun Camp

Location

Stowupland High Sports Centre, IP14 4BQ

Dates

9th - 12th August
23rd - 26th August

Times

9:00am - 3:30pm



How to Book

Please email:

Freya@thefootballfunfactory.co.uk



THRILLS AND GRILLS

The Food Museum is excited about its summer activity programme. Come for a half day of cooking with professional chef and cooking tutor, **Jake Barwood**, followed by a half day of activities led by friendly and experienced leaders. Challenge yourself to try activities you may not have tried before. Making full use of the wood fired bread oven, open fire pit and outside cooking area, work together to prepare tasty food from scratch. Working with the Learning Team, you will have the chance to participate in fun and creative Crest awards.

TO BOOK TICKETS:

Email learning@foodmuseum.org.uk

FREE PLACES ARE AVAILABLE FOR RECIPIENTS OF FREE SCHOOL MEALS
(For more details email learning@foodmuseum.org.uk)



Tuesdays and Wednesdays in August: 2nd, 3rd, 9th, 10th, 16th, 17th, 23rd, 24th, 30th, 31st



Times: 9.45am - 4.00pm



Suitable for: 7-12 year olds



Tickets: £35 (Lunch is included)

STOWMARKET

**FOOD
MUSEUM**



THE PESHED SUMMER HOLIDAY ACTIVITY CLUBS

- 9am to 3pm
- £18.75 per child per day
- Ages 6 to 11
- Max 36 Children

Wetheringsett
Manor School
Stowmarket, IP14 5QX
Every Mon. & Tues.
8/8/22 to 30/8/22

DISCOUNTS AVAILABLE

SIBLING - 10% OFF
TOTAL ORDER - **£187.50**

EARLY BIRD* - 10% OFF
TOTAL ORDER - **£187.50**

FULL SUMMER** - 10% OFF
TOTAL ORDER - **£581.25**

*Please email us for a unique discount code. It must be used for the first booking only. - hello@thepeshed.co.uk
**Booked between 8th June 2022 - 31st July 2022. It must be used.

FOR BOOKINGS PLEASE GO TO

www.thepeshed.co.uk

FOLLOW US TO KEEP UP TO DATE

Summer Holidays

WHATS ON?

YEAR & DROP IN	GREEN LIGHT TRUST SOCIAL ACTION PROJECT	DROP IN 'PLUS'	NEEDHAM DETACHED
<p>Our classic mix drop in, but exclusively for year 6's! A chance to experience the Mix building and have a go at all of the activities that will be available to you in September!</p> <p>MONDAY'S 1ST, 8TH, 15TH AND 22ND OF AUGUST</p> <p>10AM TILL 2PM</p> <p>YEAR 6'S</p>	<p>A great opportunity for you to get outside and make a difference in your local community! And have the chance to create your own Environmental project</p> <p>TUESDAY'S 26TH JULY 3RD, 9TH, 16TH, AND 23RD OF AUGUST</p> <p>11AM TILL 3PM</p> <p>AGE 11-16</p>	<p>Our classic 'Mix' drop in, but with a little extra... Each session will have an extra workshop which you can attend, where you will learn new skills, or just join in with fun activities.</p> <p>THURSDAYS 28TH JULY, AND 4TH AUGUST</p> <p>PLUS "COORNE" 11TH AND 25TH OF AUGUST</p> <p>PLUS "BOARD GAMES"</p> <p>10AM TILL 2PM</p> <p>YEARS 7-11</p>	<p>Each week we will be in Needham Market, running various activities and events, including sports, refreshments and games.</p> <p>EVERY FRIDAY DURING THE HOLIDAYS 2PM TILL 6PM</p> <p>@ CROWLEY PARK NEEDHAM MARKET</p> <p>ALL WELCOME!</p> <p>No need to sign up Just come along</p>

To guarantee your place on any of these drop ins, please contact the mix on either,
01449 745130 or Hello@themixstowmarket.co.uk

DROP IN RESIDENTIAL

This summer, we have a really exciting opportunity to go on a one night residential with The Mix! We will be going to Vauxhall Farm, which is a camping site with plenty of games, and activities, as well as large open spaces, lakes, and a games room!

18TH - 19TH AUGUST

YEARS 7-11

To register your interest in the drop in residential, please contact The Mix on either,
01449 745130 or Hello@themixstowmarket.co.uk

SUMMER
OF FUN!



PREMIER HOLIDAY CAMPS



Premier
Education

INSPIRING
ACTIVITY



SCAN HERE TO FIND
YOUR NEAREST CAMP

or visit premier-education.com/holiday-camps



MULTI-ACTIVITY CAMPS NEAR YOU

Venue:

Dates:

Times:

Price:

Ages:

Additional info:

Enjoy peace of mind, knowing that your children are in safe hands with our DBS checked coaches.

We've welcomed thousands of attendees over the years, so we know the best ways to keep children happy, active, and safe.

Book now for a summer holiday they will never forget.

PLEASE BRING

A packed lunch
Plenty of water
Suitable clothing
Loads of energy!



SCAN HERE TO FIND
YOUR NEAREST CAMP

or visit premier-education.com/holiday-camps



FREE SWIMS AND MEALS

We are offering 16 FREE swims and 16 FREE meals to children aged 4- 16 who are eligible for free school meals. An adult accompanying a primary school child also receives 16 FREE swims (and a FREE tea/coffee at MSLC only).

Where: Mid Suffolk Leisure Centre and Stradbroke Swim and Fitness Centre

When: 28th July – 31st August inclusive

What: In family or public swimming sessions.

How: **Go to** <https://www.everyoneactive.com/centre/mid-suffolk-leisure-centre/> or <https://www.everyoneactive.com/centre/stradbroke-swimming-pool-and-fitness-centre/>. **Follow the relevant link under the 'About this centre' section to set up a subscription for your parent and then one for yourself, and then link the subscriptions together. You will need the unique 16 digit number which you should have been given by your school.**

Then book your FREE swims from 23rd July via the website or the app. For primary school pupils if your parent is swimming too they also need to book separately.

Further details: See the e mail from your school or ring 01449 674980 (MSLC) or 01379 384376 (Stradbroke).

We hope you enjoy your free swims!

Hadleigh



Summer Holidays

Football Fun Camp

Location
Hadleigh Community Primary School

Dates
1st - 5th, 8th - 12th, 15th - 19th and 22nd - 26th August

Times
9:00am - 3:30pm

How to Book
Please email - isabel@thefootballfunfactory.co.uk

Hadleigh Community Primary School

Mid Suffolk Leisure Centre
Working Together

★ SUMMER HOLIDAY ACTIVITIES ★
3rd, 9th, 10th, 15th, 23rd, 24th August
 at Kersey Mill & Layham Road Sports Ground

Hadleigh Youth Academy, supported by Babergh District Council's Holiday Activity Programme, is arranging a variety of FREE activities during August and a FREE packed lunch will be provided to all.

Please note: classes are open to all children and we simply request a donation towards the Hadleigh Foodbank Charity for those who do not receive free school meals.




Activities run from 9.30am to 4.05pm. Each activity lasts 1.5hrs, with various activities being rotated throughout the day. Available on a first come first served basis with a maximum of 40 places per day. Activities held at Kersey Mill and Layham Road Sports Ground include:

Art & Crafts • Archery • Fencing • Golf • Tennis
 Please visit our website for further details.

Parent/Guardian Booking forms are available to download via our website www.freshstartcharity.org or www.hadleighfoodbank.org or collect a copy from Fresh Start Charity Shop.

Parent/Guardian Consent Booking forms must be completed prior to attending.
 Scan and email completed forms to: info@hadleighfoodbank.org or bring/post to the Shop.

Please note parents/guardians are requested to stay on site.

Upon arrival at Kersey Mill, please report to the Fresh Start Charity Shop Units 2 & 3 Church View, Kersey Mill, Suffolk IP7 6DP 15 minutes prior to the events, to register your attendance.

Site Map

1. Reception
2. Reception & Kitchen
3. The Millers' Kitchen
4. Kersey Mill House (2nd Floor)
5. Main Studio Studio 1
6. Studio 2
7. Studio 3 (Kersey Mill Cook House) Room
8. The Youth & Wellbeing Centre
9. The Hall
10. Main Studio Studio 2
11. Studio for the Future, Old Mill
12. Studio for the Future, Old Mill
13. Studio for the Future, Old Mill
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39. Studio for the Future, Old Mill
40. Studio for the Future, Old Mill



Eye & Wingfield

FILM-MAKING WORKSHOP

Learn to make movie trailers, music videos, stop motion animations and so much more!

25th-28th July
Hartismere School, Castleton Way, Eye

Age 9+, £30 per day, or free for children on Free School Meals, everyone gets a free lunch!

To sign up, email us at theoffshootfoundation@gmail.com









THE ALTOGETHER WITH FANTABULOUS WORLD OF TIMEBUBBLE TOYS

Is Back at Wingfield Barns!
for... **Summer Holiday Workshops for children**

FREE* Workshops

Wed 10th August

Day One
also available for Day Two

Build & Decorate Your Own...
The Sail Racer II
Hedgehog's Love Windy Days!

Cost: FREE*
Suits ages: 5-12yrs.
Duration: 10-3pm
(includes free lunchtime meal)
Max. session group size: 20

A Land Yacht Kit

Please book by calling
Wingfield Barns:
...by the end of the summer term
to avoid disappointment

*Free to those children eligible for a Free School Meal, otherwise cost is £25 per child / day

Developing

- 'Gross & fine motor skills' (Sketching & Kit building)
- 'Self-esteem & Confidence through project completion & Problem Solving' (Quick Build Kits)
- 'A Can-Do attitude' (shared by the Founder of Timebubble Toys an award winning teacher of design)

© Timebubble Toys Ltd. 2019-2022

Workshop Two:

www.timebubbletoys.co.uk

Thurs 17th August
Day Two

Build & Decorate Your Own...
Dragon Themed
Long Reach Grabber

Where & When?
Wingfield Barns CIC,
Cherch Road, Wingfield Suffolk.
IP21 5RA
10am - 3pm

To book your child's place*
on either or both days
Call W.B. on 01379 384505

*FREE to children eligible for a Free School Meal, otherwise cost is £25/day
Event caters for up to 20 children/day

*PLEASE inform Wingfield Barns of any dietary requirements on booking. For safety reasons, children with additional learning needs must be supported one-to-one by a supporting parent/carer when using the equipment in the day 2 workshop.

UKCA (UK Conformity Assessed) mark
WARNING: All toys, materials, tools & equipment are to be used in accordance with the instructions provided.

MAATF
All workshops are led by Paul Danks, Social Worker & Director of Timebubble Toys Ltd.

© Timebubble Toys Ltd. 2019-2022



THE PESHED SUMMER HOLIDAY ACTIVITY CLUBS

- 9am to 3pm
- £18.75 per child per day
- Ages 6 to 11
- Max 36 Children

DISCOUNTS AVAILABLE

SIBLING - 10% OFF	TOTAL ORDER - £1870
EARLY BIRD* - 10% OFF	TOTAL ORDER - £1810
FULL SUMMER** - 10% OFF	TOTAL ORDER - £16810

Please check us for a complete list of discounts & terms & conditions. *For more discounts visit: theoffshootfoundation.co.uk **Booking & closing to follow

Stradbroke High School, Eye, IP21 5JN
Every Thursday & Friday
28/7/22 to 26/8/22

FOR BOOKINGS PLEASE GO TO
www.thepeshed.co.uk

FOLLOW US TO KEEP UP TO DATE   

East Bergholt



FILM-MAKING WORKSHOP

Learn to make movie trailers, music videos, stop motion animations and so much more!

25th-28th July
East Bergholt High School, Heath Road, CO7 6RJ

Age 9+, £30 per day, or free for children on Free School Meals, everyone gets a free lunch!

To sign up, email us at theoffshootfoundation@gmail.com

The OFFSHOOT Foundation

Brantham



SUMMER HOLIDAY KIDS CLUB

£15 per day

25 JULY - 25 AUG
@ **brantham leisure centre**

5-12 years

FUN & CREATIVE INDOOR & OUTDOOR ACTIVITIES
FOOTBALL SPECIAL, MULTI SPORTS, ARTS & CRAFTS, MINI CHEFS, DODGEBALL, FUN & GAMES

Visit www.angliasportsmanagement.com to book your child's place

Free spaces available according to eligibility via the Multi-Habitat Activity Programme

BRANTHAM LEISURE CENTRE

Debenham



ASM KIDS CAMP!

MONDAYS, TUESDAYS & WEDNESDAYS
1st to 31st August!
8:30AM - 15:30PM

Fun sessions including racket sports, football, team games and challenges, indoor chill out time and much more hosted by Anglia Sports Management Group.

£16.50 PER DAY
+ **PACKED LUNCH CAN BE ADDED FOR £6.25**

There are some free spaces available according to eligibility.
Eligible children are those who gain benefit related free school meals.

BOOK NOW online at
www.debenhamsportsandleisure.co.uk

Camps are suitable for children aged 5-13 years. The places are limited so bookings and payments are essential. For any further information please see the Debenham Sports & Leisure Centres website. ASM and DSL have the right to cancel a camp day if required due to low attendance. A cancellation will be made no later than 24 hours in advance.

Debenham SPORTS & LEISURE

ASM
ANGLIA SPORTS MANAGEMENT

Claydon



Looking for something to do in the summer holidays?

Come and join us at our Science Inspired Holiday Clubs at our centre in Claydon!!

30th August
Let's get messy!!

15th - 17th August
Our incredible creation

22nd - 24th August
Let's go back in time..

8th - 10th August
All things edible

25th - 27th July
How does my body work?

1st - 3rd August
Robots are our future!

10am - 3.30pm
Ages 6+
£32 a day
Funded places available
Email for a booking form:
E: kinetickidseastanglia@gmail.com
T: 01473 830077

 www.kineticscience.co.uk
Kinetic Kids is powered by
Kinetic Science
Registered Charity Number: 1100476

It's Rocket Science Centre
Unit 14, Hill View Business Park,
Old Ipswich Rd, Claydon,
Ipswich, Suffolk, IP6 0AJ

